

SAN DIEGO UNIFIED SCHOOL DISTRICT
2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 0 courses	100.0	†	20	96.8	96.2 - 97.3	32	-	-	1	98.1	97.8 - 98.4	53
b. 1 course	0.0	†	20	0.0	†	32	-	-	1	0.0	†	53
c. 2 courses	0.0	†	20	3.2	2.7 - 3.8	32	-	-	1	1.9	1.6 - 2.2	53
d. 3 courses	0.0	†	20	0.0	†	32	-	-	1	0.0	†	53
e. 4 or more courses	0.0	†	20	0.0	†	32	-	-	1	0.0	†	53

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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1N. Percentage of all schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
0.0	†	20	3.2	2.7 - 3.8	32	-	-	1	1.9	1.6 - 2.2	53

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† Confidence intervals not applicable for 0 percent or 100 percent.

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	3.3	2.8 - 3.9	31	-	-	1	3.2	2.7 - 3.7	32
b. Seventh grade	§	§	§	0.0	†	32	-	-	1	0.0	†	33
c. Eighth grade	§	§	§	3.2	2.7 - 3.8	32	-	-	1	3.1	2.6 - 3.6	33
d. Ninth grade	0.0	†	20	-	-	0	-	-	1	0.0	†	21
e. Tenth grade	0.0	†	20	§	§	§	-	-	1	0.0	†	21
f. Eleventh grade	0.0	†	20	§	§	§	-	-	1	0.0	†	21
g. Twelfth grade	0.0	†	20	§	§	§	-	-	1	0.0	†	21

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	0	-	-	1	-	-	0	0.0	†	1

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Goals, objectives, and expected outcomes for health education	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52
b. A chart describing the annual scope and sequence of instruction for health education	100.0	†	20	96.7	96.1 - 97.2	31	-	-	1	98.1	97.8 - 98.4	52
c. Plans for how to assess student performance in health education	100.0	†	20	96.7	96.1 - 97.2	31	-	-	1	98.1	97.8 - 98.4	52
d. A written health education curriculum	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52

*Among schools that teach health education. Respondents that answered “NA” are excluded.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	100.0	†	20	96.9	96.3 - 97.4	32	-	-	1	98.2	97.8 - 98.5	53
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	100.0	†	20	96.9	96.3 - 97.4	32	-	-	1	98.2	97.8 - 98.5	53
c. Accessing valid information and products and services to enhance health	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	100.0	†	20	96.9	96.3 - 97.4	32	-	-	1	98.2	97.8 - 98.5	53
e. Using decision-making skills to enhance health	100.0	†	20	96.9	96.3 - 97.4	32	-	-	1	98.2	97.8 - 98.5	53
f. Using goal-setting skills to enhance health	94.9	94.0 - 95.7	20	93.7	92.9 - 94.4	32	-	-	1	94.3	93.7 - 94.8	53
g. Practicing health-enhancing behaviors to avoid or reduce risks	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53
h. Advocating for personal, family, and community health	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53
b. A written health education curriculum that includes objectives and content addressing sexual health education	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher’s pace of the unit or curriculum)	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53
f. Methods to assess student knowledge and skills related to sexual health education	100.0	†	20	100.0	†	32	-	-	1	100.0	†	53

*Among schools that teach sexual health education.

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
100.0	†	20	96.8	96.2 - 97.3	32	-	-	1	98.1	97.8 - 98.4	53

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
100.0	†	20	90.2	89.2 - 91.1	31	-	-	1	94.3	93.8 - 94.9	52

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	66.5	64.5 - 68.4	18	53.7	52.0 - 55.3	28	-	-	1	57.6	56.3 - 58.9	47
b. Asthma	22.4	20.7 - 24.1	18	14.0	12.9 - 15.1	29	-	-	1	17.0	16.0 - 17.9	48
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	55.3	53.2 - 57.3	18	45.3	43.6 - 46.9	29	-	-	1	48.2	46.9 - 49.5	48
d. Emotional and mental health	77.6	75.9 - 79.3	18	66.8	65.3 - 68.3	30	-	-	1	71.7	70.5 - 72.8	49
e. Epilepsy or seizure disorder	16.8	15.3 - 18.4	18	10.5	9.5 - 11.5	29	-	-	1	12.7	11.9 - 13.6	48
f. Food allergies	33.5	31.6 - 35.5	18	27.9	26.4 - 29.4	29	-	-	1	29.5	28.3 - 30.6	48
g. Foodborne illness prevention	38.4	36.4 - 40.4	18	27.9	26.5 - 29.4	29	-	-	1	31.4	30.3 - 32.6	48
h. Human immunodeficiency virus (HIV) prevention	100.0	†	20	96.8	96.2 - 97.3	31	-	-	1	98.1	97.8 - 98.4	52
i. Human sexuality	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	58.6	56.5 - 60.7	17	43.3	41.7 - 45.0	28	-	-	1	48.2	47.0 - 49.5	46
k. Injury prevention and safety	49.8	47.7 - 51.8	18	57.0	55.4 - 58.5	30	-	-	1	55.1	53.9 - 56.3	49
l. Nutrition and dietary behavior	77.6	75.9 - 79.3	18	68.2	66.5 - 69.9	22	-	-	1	73.3	72.1 - 74.5	41
m. Physical activity and fitness	88.0	86.6 - 89.3	17	100.0	†	27	-	-	1	95.3	94.7 - 95.8	45
n. Pregnancy prevention	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52
o. Sexually transmitted disease (STD) prevention	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52
p. Suicide prevention	77.6	75.8 - 79.2	18	50.2	48.6 - 51.8	30	-	-	1	59.7	58.5 - 60.9	49
q. Tobacco-use prevention	66.4	64.4 - 68.3	18	53.9	52.3 - 55.6	28	-	-	1	57.7	56.4 - 59.0	47
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	100.0	†	19	93.7	92.9 - 94.4	32	-	-	1	96.2	95.8 - 96.7	52

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	36.3	34.4 - 38.3	19	24.4	23.0 - 25.8	29	-	-	1	28.7	27.6 - 29.9	49
b. Identifying short- and long-term health consequences of tobacco product use	36.3	34.4 - 38.3	19	27.8	26.4 - 29.3	29	-	-	1	30.7	29.6 - 31.9	49
c. Identifying social, economic, and cosmetic consequences of tobacco product use	36.3	34.4 - 38.3	19	20.9	19.6 - 22.3	29	-	-	1	26.7	25.6 - 27.9	49
d. Understanding the addictive nature of nicotine	36.3	34.4 - 38.3	19	27.8	26.4 - 29.3	29	-	-	1	30.7	29.6 - 31.9	49
e. Effects of nicotine on the adolescent brain	36.3	34.4 - 38.3	19	27.8	26.4 - 29.3	29	-	-	1	30.7	29.6 - 31.9	49
f. Effects of tobacco product use on athletic performance	26.5	24.7 - 28.3	19	27.8	26.4 - 29.3	29	-	-	1	26.7	25.6 - 27.8	49
g. Effects of second-hand smoke and benefits of a smoke-free environment	31.0	29.2 - 32.9	19	31.3	29.9 - 32.9	29	-	-	1	30.6	29.4 - 31.7	49
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	36.3	34.4 - 38.3	19	27.8	26.4 - 29.3	29	-	-	1	30.7	29.6 - 31.9	49
i. Identifying reasons why students do and do not use tobacco products	36.3	34.4 - 38.3	19	24.4	23.0 - 25.8	29	-	-	1	28.7	27.6 - 29.9	49
j. Making accurate assessments of how many peers use tobacco products	36.3	34.4 - 38.3	19	16.9	15.7 - 18.1	30	-	-	1	24.3	23.2 - 25.3	50

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	31.7	29.9 - 33.6	19	23.6	22.2 - 24.9	30	-	-	1	26.3	25.2 - 27.4	50
l. Using goal-setting and decision-making skills related to not using tobacco products	36.3	34.4 - 38.3	19	23.6	22.3 - 25.0	30	-	-	1	28.2	27.1 - 29.3	50
m. Finding valid information and services related to tobacco-use prevention and cessation	36.3	34.4 - 38.3	19	20.2	19.0 - 21.5	30	-	-	1	26.2	25.1 - 27.3	50
n. Supporting others who abstain from or want to quit using tobacco products	36.3	34.4 - 38.3	19	16.8	15.7 - 18.1	30	-	-	1	24.2	23.2 - 25.3	50
o. Identifying harmful effects of tobacco product use on fetal development	36.3	34.4 - 38.3	19	13.5	12.4 - 14.6	30	-	-	1	22.3	21.3 - 23.3	50
p. Relationship between using tobacco products and alcohol or other drugs	36.3	34.4 - 38.3	19	23.6	22.2 - 24.9	30	-	-	1	28.1	27.0 - 29.3	50
q. How addiction to tobacco products can be treated	36.3	34.4 - 38.3	19	16.9	15.7 - 18.1	30	-	-	1	24.3	23.2 - 25.3	50
r. Understanding school policies and community laws related to the sale and use of tobacco products	36.3	34.4 - 38.3	19	24.3	23.0 - 25.7	29	-	-	1	28.7	27.6 - 29.8	49
s. Benefits of tobacco product cessation programs	26.5	24.7 - 28.3	19	17.4	16.2 - 18.7	29	-	-	1	20.7	19.7 - 21.7	49

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
26.5	24.7 - 28.3	19	13.5	12.4 - 14.6	30	-	-	1	18.4	17.4 - 19.4	50

*Responses to question 10 a through s all are "yes."

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11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Cigarettes	21.6	19.9 - 23.3	18	22.6	21.3 - 23.9	31	-	-	1	21.7	20.7 - 22.7	50
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	21.1	19.5 - 22.8	19	9.8	8.9 - 10.8	31	-	-	1	14.0	13.2 - 14.9	51
c. Cigars, little cigars, or cigarillos	21.1	19.5 - 22.8	19	6.5	5.8 - 7.4	31	-	-	1	12.1	11.3 - 12.9	51
d. Pipes	21.1	19.5 - 22.8	19	6.5	5.8 - 7.4	31	-	-	1	12.1	11.3 - 12.9	51
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	31.0	29.2 - 32.9	19	19.5	18.3 - 20.8	31	-	-	1	23.6	22.6 - 24.7	51

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	25.8	24.1 - 27.5	19	16.3	15.2 - 17.5	31	-	-	1	19.7	18.7 - 20.7	51
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	25.8	24.1 - 27.5	19	29.1	27.7 - 30.5	31	-	-	1	27.2	26.1 - 28.3	51
c. Situations that lead to the use of alcohol and other drugs	31.1	29.3 - 33.0	19	22.8	21.5 - 24.1	31	-	-	1	25.6	24.5 - 26.7	51
d. Alcohol and other drug use as an unhealthy way to manage weight	26.5	24.7 - 28.3	19	9.8	8.9 - 10.8	31	-	-	1	16.1	15.2 - 17.0	51
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	25.8	24.1 - 27.5	19	19.5	18.3 - 20.8	31	-	-	1	21.6	20.6 - 22.6	51
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	26.5	24.7 - 28.3	19	23.5	22.2 - 24.9	30	-	-	1	24.2	23.1 - 25.3	50
g. Supporting others who abstain from or want to quit using alcohol and other drugs	31.0	29.2 - 32.9	19	16.3	15.2 - 17.5	31	-	-	1	21.7	20.7 - 22.7	51

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	31.0	29.2 - 32.9	19	20.1	18.9 - 21.5	30	-	-	1	24.1	23.0 - 25.1	50
i. How to persuade and support others to be alcohol and other drug free	21.2	19.6 - 22.9	19	16.3	15.2 - 17.5	31	-	-	1	17.9	16.9 - 18.8	51

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	100.0	†	31	-	-	1	100.0	†	32
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	100.0	†	31	-	-	1	100.0	†	32
c. The benefits of being sexually abstinent	§	§	§	100.0	†	31	-	-	1	100.0	†	32
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	100.0	†	31	-	-	1	100.0	†	32
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	100.0	†	31	-	-	1	100.0	†	32
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	100.0	†	31	-	-	1	100.0	†	32
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	97.0	96.4 - 97.4	31	-	-	1	97.1	96.5 - 97.5	32
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	100.0	†	31	-	-	1	100.0	†	32

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	100.0	†	31	-	-	1	100.0	†	32
j. The importance of using condoms consistently and correctly	§	§	§	100.0	†	31	-	-	1	100.0	†	32
k. How to obtain condoms	§	§	§	100.0	†	31	-	-	1	100.0	†	32
l. How to correctly use a condom	§	§	§	100.0	†	31	-	-	1	100.0	†	32
m. Methods of contraception other than condoms	§	§	§	100.0	†	31	-	-	1	100.0	†	32
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	100.0	†	31	-	-	1	100.0	†	32
o. How to create and sustain healthy and respectful relationships	§	§	§	100.0	†	31	-	-	1	100.0	†	32
p. The importance of limiting the number of sexual partners	§	§	§	97.0	96.4 - 97.4	31	-	-	1	97.1	96.5 - 97.5	32
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	100.0	†	31	-	-	1	100.0	†	32

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
r. How to communicate sexual consent between partners	§	§	§	100.0	†	31	-	-	1	100.0	†	32
s. Recognizing and responding to sexual victimization and violence	§	§	§	100.0	†	31	-	-	1	100.0	†	32
t. Diversity of sexual orientations and gender identities	§	§	§	100.0	†	31	-	-	1	100.0	†	32
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	100.0	†	31	-	-	1	100.0	†	32
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	100.0	†	31	-	-	1	100.0	†	32

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	100.0	†	20	§	§	§	-	-	1	100.0	†	21
b. Health consequences of HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
c. The benefits of being sexually abstinent	100.0	†	20	§	§	§	-	-	1	100.0	†	21
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	94.9	94.0 - 95.7	20	§	§	§	-	-	1	95.2	94.3 - 95.9	21
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21

- Results are suppressed due to insufficient number of respondents in subgroup.

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† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
i. Efficacy of condoms, that is, how well condoms work and do not work	100.0	†	20	§	§	§	-	-	1	100.0	†	21
j. The importance of using condoms consistently and correctly	100.0	†	20	§	§	§	-	-	1	100.0	†	21
k. How to obtain condoms	100.0	†	20	§	§	§	-	-	1	100.0	†	21
l. How to correctly use a condom	94.9	94.0 - 95.7	20	§	§	§	-	-	1	95.2	94.3 - 95.9	21
m. Methods of contraception other than condoms	100.0	†	20	§	§	§	-	-	1	100.0	†	21
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
o. How to create and sustain healthy and respectful relationships	100.0	†	20	§	§	§	-	-	1	100.0	†	21
p. The importance of limiting the number of sexual partners	100.0	†	20	§	§	§	-	-	1	100.0	†	21
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	100.0	†	20	§	§	§	-	-	1	100.0	†	21

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	100.0	†	20	§	§	§	-	-	1	100.0	†	21
s. Recognizing and responding to sexual victimization and violence	100.0	†	20	§	§	§	-	-	1	100.0	†	21
t. Diversity of sexual orientations and gender identities	100.0	†	20	§	§	§	-	-	1	100.0	†	21
u. How gender roles and stereotypes affect goals, decision making, and relationships	100.0	†	20	§	§	§	-	-	1	100.0	†	21
v. The relationship between alcohol and other drug use and sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	97.0	96.4 - 97.4	31	-	-	1	97.1	96.5 - 97.5	32

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
89.9	88.7 - 91.0	20	§	§	§	-	-	1	90.4	89.2 - 91.5	21

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	96.8	96.2 - 97.3	32	-	-	1	96.9	96.4 - 97.4	33
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	93.7	92.9 - 94.4	32	-	-	1	93.9	93.1 - 94.6	33
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	93.7	92.9 - 94.4	32	-	-	1	93.9	93.1 - 94.6	33
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	96.8	96.2 - 97.3	32	-	-	1	96.9	96.4 - 97.4	33
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	96.7	96.1 - 97.3	31	-	-	1	96.8	96.3 - 97.3	32
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	93.9	93.1 - 94.6	32	-	-	1	94.1	93.3 - 94.8	33
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	96.8	96.2 - 97.3	32	-	-	1	96.9	96.4 - 97.4	33

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	100.0	†	20	§	§	§	-	-	1	100.0	†	21
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	94.9	94.0 - 95.7	20	§	§	§	-	-	1	95.2	94.3 - 95.9	21
g. Influence and support others to avoid or reduce sexual risk behaviors	100.0	†	20	§	§	§	-	-	1	100.0	†	21

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	100.0	†	20	96.9	96.3 - 97.4	32	-	-	1	98.2	97.8 - 98.5	53
b. Analyzing the influence of family, media, and culture on sexual health	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53
c. Accessing valid sexual health information, products, and services	100.0	†	20	90.6	89.6 - 91.4	32	-	-	1	94.5	93.9 - 95.0	53

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	100.0	†	20	96.8	96.2 - 97.3	31	-	-	1	98.1	97.8 - 98.4	52
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52
c. Encouraged students to respect others’ sexual and gender identities	100.0	†	20	100.0	†	31	-	-	1	100.0	†	52
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	100.0	†	20	96.7	96.1 - 97.2	31	-	-	1	98.1	97.8 - 98.4	52
e. Identified additional LGBT resources available in the community or online	100.0	†	20	96.7	96.1 - 97.2	31	-	-	1	98.1	97.8 - 98.4	52

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	47.0	45.0 - 49.0	19	46.8	45.1 - 48.4	28	-	-	1	48.0	46.8 - 49.3	48
b. Benefits of drinking plenty of water	41.7	39.8 - 43.7	19	46.3	44.6 - 48.0	26	-	-	1	45.6	44.3 - 46.8	46
c. Benefits of eating breakfast every day	36.4	34.5 - 38.4	19	43.2	41.6 - 44.9	28	-	-	1	39.5	38.2 - 40.7	48
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	26.5	24.7 - 28.3	19	31.3	29.8 - 32.8	29	-	-	1	30.8	29.7 - 32.0	49
e. Using food labels	31.0	29.2 - 32.9	19	35.9	34.3 - 37.5	28	-	-	1	35.3	34.1 - 36.5	48
f. Differentiating between nutritious and non-nutritious beverages	31.0	29.2 - 32.9	19	34.8	33.2 - 36.3	29	-	-	1	32.5	31.4 - 33.7	49
g. Balancing food intake and physical activity	47.0	45.0 - 49.0	19	41.7	40.1 - 43.3	29	-	-	1	45.1	43.9 - 46.4	49
h. Eating more fruits, vegetables, and whole grain products	41.7	39.8 - 43.7	19	45.2	43.6 - 46.8	29	-	-	1	42.8	41.6 - 44.0	49
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	31.8	30.0 - 33.7	19	34.8	33.2 - 36.3	29	-	-	1	35.0	33.8 - 36.2	49
j. Choosing foods, snacks, and beverages that are low in added sugars	31.1	29.3 - 33.0	19	40.3	38.8 - 41.9	30	-	-	1	35.8	34.6 - 37.0	50
k. Choosing foods and snacks that are low in sodium	26.5	24.8 - 28.3	19	33.6	32.1 - 35.1	30	-	-	1	30.1	29.0 - 31.2	50

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	26.5	24.8 - 28.3	19	26.9	25.5 - 28.3	30	-	-	1	26.2	25.1 - 27.3	50
m. Eating a variety of foods that are high in iron	21.2	19.6 - 22.9	19	26.9	25.5 - 28.3	30	-	-	1	24.0	23.0 - 25.1	50
n. Food safety	31.0	29.2 - 32.9	19	20.2	18.9 - 21.5	30	-	-	1	24.1	23.0 - 25.1	50
o. Preparing healthy meals and snacks	37.1	35.2 - 39.0	19	30.2	28.8 - 31.7	30	-	-	1	32.3	31.2 - 33.5	50
p. Risks of unhealthy weight control practices	31.8	30.0 - 33.7	19	23.5	22.2 - 24.9	30	-	-	1	26.3	25.2 - 27.4	50
q. Accepting body size differences	47.7	45.7 - 49.7	19	34.8	33.2 - 36.3	29	-	-	1	39.3	38.1 - 40.5	49
r. Signs, symptoms, and treatment for eating disorders	31.7	29.9 - 33.6	19	26.9	25.5 - 28.3	30	-	-	1	28.3	27.2 - 29.4	50
s. Relationship between diet and chronic diseases	36.3	34.4 - 38.3	19	26.9	25.5 - 28.3	30	-	-	1	30.1	29.0 - 31.2	50
t. Assessing body mass index (BMI)	41.7	39.7 - 43.7	19	28.7	27.2 - 30.2	28	-	-	1	33.4	32.3 - 34.6	48
u. The influence of the media on dietary behaviors	26.5	24.7 - 28.3	19	33.6	32.1 - 35.1	30	-	-	1	30.0	28.9 - 31.2	50
v. Food production, including how food is grown, harvested, processed, packaged, and transported	36.4	34.5 - 38.3	19	31.2	29.8 - 32.8	29	-	-	1	34.8	33.6 - 36.0	49

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
15.8	14.4 - 17.4	19	10.1	9.2 - 11.1	30	-	-	1	12.2	11.4 - 13.0	50

*Responses to question 17 a through v all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	82.2	80.5 - 83.8	17	92.8	91.9 - 93.6	28	-	-	1	88.8	88.0 - 89.6	46
b. Mental and social benefits of physical activity	82.2	80.5 - 83.8	17	89.2	88.1 - 90.2	28	-	-	1	86.7	85.8 - 87.6	46
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	88.1	86.7 - 89.4	17	85.8	84.6 - 86.9	28	-	-	1	87.0	86.1 - 87.9	46
d. Phases of a workout (i.e., warm-up, workout, and cool down)	88.1	86.7 - 89.4	17	85.8	84.6 - 86.9	28	-	-	1	87.0	86.1 - 87.9	46
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	82.2	80.5 - 83.8	17	82.8	81.6 - 84.0	29	-	-	1	83.0	82.0 - 83.9	47
f. Decreasing sedentary activities (e.g., television viewing, using video games)	76.3	74.5 - 78.1	17	82.2	80.9 - 83.5	28	-	-	1	80.4	79.3 - 81.4	46
g. Preventing injury during physical activity	88.1	86.7 - 89.4	17	89.4	88.4 - 90.4	28	-	-	1	89.2	88.3 - 89.9	46

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	76.2	74.4 - 78.0	17	64.3	62.7 - 65.9	28	-	-	1	67.4	66.2 - 68.6	46
i. Dangers of using performance-enhancing drugs (e.g., steroids)	61.6	59.6 - 63.6	18	55.5	53.9 - 57.1	29	-	-	1	56.7	55.4 - 57.9	48
j. Increasing daily physical activity	88.1	86.7 - 89.4	17	82.2	80.9 - 83.5	28	-	-	1	84.9	84.0 - 85.8	46
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	88.1	86.7 - 89.4	17	78.7	77.3 - 80.0	28	-	-	1	82.8	81.8 - 83.8	46
l. Using safety equipment for specific physical activities	82.2	80.5 - 83.8	17	78.6	77.2 - 79.9	28	-	-	1	80.5	79.5 - 81.5	46
m. Benefits of drinking water before, during, and after physical activity	82.2	80.5 - 83.8	17	85.8	84.6 - 86.9	28	-	-	1	84.8	83.8 - 85.7	46

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
56.0	54.0 - 58.0	18	53.6	52.0 - 55.2	30	-	-	1	53.4	52.1 - 54.6	49

*Responses to question 18 a through m all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Physical education staff	-	-	7	66.5	64.4 - 68.6	15	-	-	1	51.3	49.5 - 53.1	23
b. Health services staff (e.g., nurses)	-	-	7	59.8	57.6 - 62.0	15	-	-	1	60.8	59.0 - 62.6	23
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	-	-	7	53.2	50.9 - 55.4	15	-	-	1	52.0	50.2 - 53.8	23
d. Nutrition or food service staff	-	-	7	13.4	11.9 - 15.0	15	-	-	1	13.1	11.9 - 14.3	23
e. School health council, committee, or team	-	-	7	33.5	31.4 - 35.7	15	-	-	1	35.0	33.3 - 36.7	23

*Among schools that have health education staff.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. HIV, other STD, or pregnancy prevention	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53
b. Tobacco-use prevention	41.5	39.6 - 43.5	19	25.8	24.5 - 27.2	31	-	-	1	33.5	32.3 - 34.7	51
c. Alcohol- or other drug-use prevention	42.3	40.3 - 44.3	19	31.9	30.4 - 33.4	31	-	-	1	35.3	34.1 - 36.5	51
d. Physical activity	37.0	35.1 - 38.9	19	38.9	37.4 - 40.4	31	-	-	1	37.3	36.2 - 38.5	51
e. Nutrition and healthy eating	26.4	24.7 - 28.2	19	32.4	30.9 - 33.8	31	-	-	1	29.4	28.3 - 30.5	51
f. Asthma	21.1	19.5 - 22.8	19	16.1	14.9 - 17.2	31	-	-	1	17.7	16.8 - 18.7	51
g. Food allergies	21.1	19.5 - 22.8	19	19.5	18.3 - 20.8	31	-	-	1	19.8	18.8 - 20.7	51
h. Diabetes	21.1	19.5 - 22.8	19	16.1	14.9 - 17.2	31	-	-	1	17.7	16.8 - 18.7	51
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	100.0	†	20	93.7	92.9 - 94.4	32	-	-	1	96.3	95.8 - 96.7	53

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
94.6	93.6 - 95.5	19	93.7	92.9 - 94.4	32	-	-	1	94.2	93.6 - 94.7	52

- Results are suppressed due to insufficient number of respondents in subgroup.
 N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	39.1	37.1 - 41.1	18	21.5	20.2 - 22.7	32	-	-	1	27.5	26.5 - 28.6	51
b. Asthma	5.6	4.7 - 6.6	18	12.4	11.4 - 13.5	32	-	-	1	9.6	8.9 - 10.4	51
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	5.6	4.7 - 6.6	18	15.4	14.3 - 16.5	32	-	-	1	11.4	10.7 - 12.2	51
d. Emotional and mental health	60.8	58.7 - 62.8	18	52.9	51.4 - 54.5	32	-	-	1	54.7	53.5 - 55.9	51
e. Epilepsy or seizure disorder	10.4	9.3 - 11.7	18	18.5	17.3 - 19.7	32	-	-	1	15.1	14.3 - 16.0	51
f. Food allergies	5.6	4.7 - 6.6	18	18.5	17.3 - 19.7	32	-	-	1	13.3	12.5 - 14.2	51
g. Foodborne illness prevention	5.6	4.7 - 6.6	18	12.6	11.6 - 13.7	32	-	-	1	9.7	9.0 - 10.5	51
h. HIV prevention	52.7	50.7 - 54.7	19	46.9	45.4 - 48.5	32	-	-	1	48.2	47.0 - 49.4	52
i. Human sexuality	63.3	61.4 - 65.2	19	50.1	48.5 - 51.6	32	-	-	1	54.1	52.9 - 55.3	52
j. Infectious disease prevention (e.g., flu prevention)	33.5	31.6 - 35.5	18	28.0	26.6 - 29.4	32	-	-	1	29.5	28.3 - 30.6	51

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Injury prevention and safety	39.1	37.1 - 41.1	18	28.2	26.8 - 29.6	32	-	-	1	33.7	32.6 - 34.9	51
l. Nutrition and dietary behavior	11.2	9.9 - 12.5	18	15.4	14.3 - 16.5	32	-	-	1	13.5	12.7 - 14.3	51
m. Physical activity and fitness	22.3	20.6 - 24.1	18	15.6	14.5 - 16.7	32	-	-	1	17.8	16.8 - 18.7	51
n. Pregnancy prevention	33.7	31.7 - 35.6	18	40.7	39.2 - 42.2	32	-	-	1	37.2	36.1 - 38.4	51
o. STD prevention	47.4	45.4 - 49.4	19	43.8	42.3 - 45.3	32	-	-	1	44.3	43.1 - 45.5	52
p. Suicide prevention	61.6	59.5 - 63.5	18	46.7	45.1 - 48.2	32	-	-	1	51.2	50.0 - 52.4	51
q. Tobacco-use prevention	38.3	36.3 - 40.3	18	16.1	14.9 - 17.2	31	-	-	1	24.1	23.1 - 25.2	50
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	62.6	60.6 - 64.5	19	53.0	51.5 - 54.6	32	-	-	1	55.6	54.4 - 56.8	52

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	50.3	48.2 - 52.3	18	47.1	45.5 - 48.6	32	-	-	1	49.4	48.1 - 50.6	51
b. Teaching students of various cultural backgrounds	73.2	71.4 - 75.0	19	63.0	61.5 - 64.5	32	-	-	1	67.7	66.5 - 68.8	52
c. Teaching students with limited English proficiency	67.9	66.0 - 69.7	19	65.8	64.3 - 67.2	32	-	-	1	67.3	66.1 - 68.4	52
d. How to support lesbian, gay, bisexual, and transgender students	74.0	72.2 - 75.8	19	68.7	67.3 - 70.1	32	-	-	1	71.4	70.3 - 72.5	52
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	78.7	77.0 - 80.3	19	50.2	48.7 - 51.8	32	-	-	1	60.0	58.8 - 61.2	52
f. Encouraging family or community involvement	61.7	59.7 - 63.7	18	47.1	45.6 - 48.7	32	-	-	1	51.5	50.3 - 52.8	51
g. Teaching skills for behavior change	50.4	48.3 - 52.5	18	56.2	54.6 - 57.7	32	-	-	1	52.9	51.6 - 54.1	51
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	68.7	66.8 - 70.5	19	50.0	48.5 - 51.6	32	-	-	1	58.2	57.0 - 59.3	52
i. Assessing or evaluating students in health education	16.9	15.4 - 18.5	18	28.4	27.1 - 29.9	32	-	-	1	23.6	22.5 - 24.6	51

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	50.4	48.3 - 52.5	18	47.1	45.6 - 48.6	32	-	-	1	47.4	46.1 - 48.6	51
b. Creating a comfortable and safe learning environment for students receiving sexual health education	52.7	50.7 - 54.7	19	50.3	48.7 - 51.8	32	-	-	1	50.2	49.0 - 51.4	52
c. Connecting students to on-site or community-based sexual health services	63.3	61.4 - 65.2	19	53.2	51.7 - 54.7	32	-	-	1	56.0	54.8 - 57.2	52
d. Using a variety of effective instructional strategies to deliver sexual health education	50.4	48.3 - 52.5	18	50.3	48.7 - 51.8	32	-	-	1	49.3	48.1 - 50.5	51
e. Building student skills in HIV, other STD, and pregnancy prevention	50.4	48.3 - 52.5	18	50.3	48.7 - 51.8	32	-	-	1	49.3	48.1 - 50.5	51
f. Assessing student knowledge and skills in sexual health education	50.4	48.3 - 52.5	18	50.3	48.7 - 51.8	32	-	-	1	49.3	48.1 - 50.5	51
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	52.7	50.7 - 54.7	19	50.3	48.7 - 51.8	32	-	-	1	50.2	49.0 - 51.4	52
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	50.4	48.3 - 52.5	18	50.3	48.7 - 51.8	32	-	-	1	49.3	48.1 - 50.5	51
i. Engaging parents in sexual health education	47.4	45.4 - 49.4	19	44.0	42.4 - 45.5	32	-	-	1	44.4	43.2 - 45.6	52

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	44.0	42.0 - 46.1	18	46.9	45.4 - 48.5	32	-	-	1	46.9	45.7 - 48.2	51
b. Asthma	28.0	26.1 - 29.8	18	36.8	35.3 - 38.4	30	-	-	1	32.6	31.5 - 33.8	49
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	38.4	36.4 - 40.4	18	41.9	40.4 - 43.5	31	-	-	1	41.8	40.6 - 43.0	50
d. Emotional and mental health	49.7	47.6 - 51.7	18	62.6	61.1 - 64.1	32	-	-	1	58.6	57.4 - 59.8	51
e. Epilepsy or seizure disorder	29.6	27.7 - 31.6	17	30.3	28.8 - 31.8	30	-	-	1	29.4	28.2 - 30.5	48
f. Food allergies	28.0	26.1 - 29.8	18	40.4	38.8 - 42.0	30	-	-	1	34.7	33.6 - 35.9	49
g. Foodborne illness prevention	28.0	26.1 - 29.8	18	37.0	35.5 - 38.6	30	-	-	1	32.7	31.6 - 33.9	49
h. HIV prevention	39.2	37.2 - 41.2	18	35.6	34.2 - 37.2	31	-	-	1	36.2	35.0 - 37.4	50
i. Human sexuality	39.2	37.2 - 41.2	18	35.7	34.2 - 37.2	31	-	-	1	38.4	37.2 - 39.6	50
j. Infectious disease prevention (e.g., flu prevention)	41.9	40.0 - 43.9	19	40.4	38.8 - 42.0	30	-	-	1	40.2	39.0 - 41.4	50
k. Injury prevention and safety	33.5	31.6 - 35.5	18	45.1	43.5 - 46.7	29	-	-	1	39.5	38.3 - 40.8	48

- Results are suppressed due to insufficient number of respondents in subgroup.
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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
l. Nutrition and dietary behavior	44.0	42.0 - 46.1	18	43.5	42.0 - 45.1	30	-	-	1	44.9	43.7 - 46.2	49
m. Physical activity and fitness	44.0	42.0 - 46.1	18	43.8	42.2 - 45.3	30	-	-	1	42.9	41.7 - 44.2	49
n. Pregnancy prevention	39.2	37.2 - 41.2	18	32.4	31.0 - 33.9	31	-	-	1	34.3	33.1 - 35.5	50
o. STD prevention	39.2	37.2 - 41.2	18	32.4	31.0 - 33.9	31	-	-	1	34.3	33.1 - 35.5	50
p. Suicide prevention	49.7	47.6 - 51.7	18	61.5	59.9 - 63.0	31	-	-	1	57.8	56.6 - 59.0	50
q. Tobacco-use prevention	39.2	37.2 - 41.2	18	35.8	34.4 - 37.4	31	-	-	1	38.5	37.3 - 39.7	50
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	44.8	42.8 - 46.9	18	61.7	60.1 - 63.2	31	-	-	1	54.0	52.8 - 55.2	50

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Teaching students with physical, medical, or cognitive disabilities	38.5	36.5 - 40.5	18	54.7	53.2 - 56.3	31	-	-	1	47.4	46.2 - 48.7	50
b. Teaching students of various cultural backgrounds	39.2	37.2 - 41.3	18	48.9	47.3 - 50.4	31	-	-	1	44.2	43.0 - 45.4	50
c. Teaching students with limited English proficiency	39.2	37.2 - 41.3	18	56.8	55.2 - 58.4	30	-	-	1	48.8	47.6 - 50.1	49
d. Supporting lesbian, gay, bisexual, and transgender students	50.4	48.3 - 52.5	18	62.4	60.9 - 63.9	32	-	-	1	56.7	55.5 - 57.9	51
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	39.2	37.2 - 41.3	18	52.1	50.6 - 53.7	31	-	-	1	48.3	47.0 - 49.5	50
f. Encouraging family or community involvement	49.7	47.6 - 51.7	18	56.4	54.8 - 57.9	32	-	-	1	54.8	53.6 - 56.0	51
g. Teaching skills for behavior change	57.3	55.3 - 59.3	19	75.0	73.7 - 76.3	32	-	-	1	66.7	65.6 - 67.9	52
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	38.5	36.5 - 40.5	18	55.1	53.6 - 56.7	31	-	-	1	47.7	46.5 - 48.9	50
i. Assessing or evaluating students in health education	38.5	36.5 - 40.5	18	42.1	40.6 - 43.7	31	-	-	1	39.9	38.7 - 41.1	50

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	38.4	36.5 - 40.5	18	33.5	32.0 - 35.0	30	-	-	1	34.7	33.5 - 35.9	49
b. Creating a comfortable and safe learning environment for students receiving sexual health education	33.6	31.7 - 35.6	18	40.8	39.3 - 42.4	32	-	-	1	37.3	36.1 - 38.5	51
c. Connecting students to on-site or community-based sexual health services	38.4	36.5 - 40.5	18	34.8	33.3 - 36.2	32	-	-	1	35.4	34.2 - 36.6	51
d. Using a variety of effective instructional strategies to deliver sexual health education	39.2	37.2 - 41.2	18	38.9	37.4 - 40.5	31	-	-	1	38.2	37.0 - 39.4	50
e. Building student skills in HIV, other STD, and pregnancy prevention	39.2	37.2 - 41.2	18	37.7	36.2 - 39.2	32	-	-	1	37.5	36.3 - 38.7	51
f. Assessing student knowledge and skills in sexual health education	33.6	31.7 - 35.6	18	40.9	39.3 - 42.4	32	-	-	1	37.3	36.2 - 38.5	51
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	33.6	31.7 - 35.6	18	39.1	37.6 - 40.6	31	-	-	1	36.2	35.0 - 37.4	50
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	33.6	31.7 - 35.6	18	47.2	45.6 - 48.7	32	-	-	1	41.2	40.0 - 42.4	51
i. Engaging parents in sexual health education	44.0	42.0 - 46.1	18	53.5	51.9 - 55.0	32	-	-	1	50.9	49.7 - 52.2	51

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Health and physical education combined	0.0	†	19	0.0	†	32	-	-	1	0.0	†	52
b. Health education	5.3	4.5 - 6.3	19	3.1	2.6 - 3.7	32	-	-	1	3.9	3.5 - 4.4	52
c. Physical education	5.3	4.5 - 6.3	19	3.2	2.7 - 3.8	32	-	-	1	3.9	3.5 - 4.4	52
d. Other education degree	0.0	†	19	9.5	8.6 - 10.4	32	-	-	1	5.7	5.1 - 6.2	52
e. Kinesiology, exercise science, or exercise physiology	0.0	†	19	0.0	†	32	-	-	1	0.0	†	52
f. Home economics or family and consumer science	0.0	†	19	0.0	†	32	-	-	1	0.0	†	52
g. Biology or other science	74.1	72.3 - 75.8	19	59.4	57.9 - 60.9	32	-	-	1	65.8	64.7 - 67.0	52
h. Nursing	0.0	†	19	0.0	†	32	-	-	1	0.0	†	52
i. Counseling	0.0	†	19	15.6	14.5 - 16.7	32	-	-	1	9.3	8.6 - 10.0	52
j. Public health	10.6	9.5 - 12.0	19	0.0	†	32	-	-	1	4.1	3.6 - 4.6	52
k. Nutrition	0.0	†	19	0.0	†	32	-	-	1	0.0	†	52
l. Other	4.6	3.9 - 5.5	19	9.2	8.4 - 10.2	32	-	-	1	7.3	6.7 - 7.9	52

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
49.7	47.6 - 51.7	18	62.9	61.3 - 64.3	32	-	-	1	58.7	57.5 - 59.9	51

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 1 year	5.4	4.5 - 6.4	19	3.2	2.7 - 3.8	31	-	-	1	4.0	3.5 - 4.5	51
b. 2 to 5 years	26.0	24.2 - 27.8	19	26.0	24.7 - 27.4	31	-	-	1	25.5	24.4 - 26.6	51
c. 6 to 9 years	0.0	†	19	13.0	12.0 - 14.1	31	-	-	1	7.7	7.1 - 8.4	51
d. 10 to 14 years	26.7	24.9 - 28.5	19	35.4	34.0 - 37.0	31	-	-	1	33.4	32.2 - 34.5	51
e. 15 years or more	42.0	40.0 - 44.0	19	22.3	21.0 - 23.6	31	-	-	1	29.5	28.4 - 30.6	51

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations